

## Follow-on formula



## Preparation



Follow the instructions very carefully. Incorrect preparation and storage of the feed can promote growth of unwanted bacteria.

- Boil freshly run water to 100°C. Cool to 40-50°C.
- Add the correct number of scoops of powder for one meal into a clean bottle.
- Add water to the bottle. Place the cap on the bottle and shake well.
- Cool to drinking temperature. Test the temperature of the milk on the outside of the wrist before feeding.

## Measuring

It is important for your baby's health to follow the instructions on the pack and to use only the special scoop provided in the pack when measuring out the powder. Do not take more or less powder. Level off the powder.

## Dosing chart

| Boiled water | Level scoops | Prepared feed |
|--------------|--------------|---------------|
| 150 ml       | 5            | 170 ml        |
| 180 ml       | 6            | 200 ml        |
| 210 ml       | 7            | 235 ml        |